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Mandala Books



...a haven for the soul

March, 2026

*"He who establishes his argument by noise and command shows that his reason is weak."  
— Michel de Montaigne*

### March's Insights from Lisa

Hello Friends and welcome to your late winter reading for the next 4-ish weeks. Tonight as I start this reading on February 26th Mercury begins its retrograde journey through the intuitive waters of Pisces. Pisces doesn't communicate in straight lines, it communicates in waves, which creates movement. We have the Year of the Horse meeting misty coastline. In the coming weeks, instead of making this retrograde the headline, we make it the atmosphere. It becomes the fog around the lake. The mystical fog and mist is where we surrender. March asks us to build something steady (Beaver), while movement accelerates around us (Eight of Wands) and all of it requires trust rather than control (Moth).



The Beaver — earth, structure, home. The Hawk energy in the Eight of Wands is air, speed, higher perspective. The Moth brings night, intuition, light in darkness. Earth + Air + Night.

This isn't chaos. It's integration. March may feel like: "Things are moving but I don't have the full picture yet." And that's okay. Because The Beaver reminds us, even in the fog, we know how to build.

As we step into March, the air feels different here, quieter, more porous, less concerned with logic and more attuned to feeling. This is not a month to force clarity. It is a month to listen between words, to notice what stirs beneath the surface, and to trust the subtle pull of something unseen guiding us forward. In the fog, we are not lost. We are navigating by instinct.

This month unfolds under the influence of this Mercury retrograde, it is a transit that softens the edges of communication and blurs the straight lines we usually rely on. Conversations may feel layered. Emotions may rise unexpectedly, like something long submerged finally reaching the surface.

And yet, our cards do not speak of confusion. They speak of construction. They speak of momentum. They speak of surrender. This is the dynamic trio we need to help us navigate this month.

Our first card, The Beaver and Birch - Home, anchors this reading in steadiness. Beaver energy is deliberate. It is patient. It does not rush. It gathers what is needed and builds carefully, branch by branch. Birch carries the energy of renewal, the peeling away of old layers, the quiet beginning that follows a clearing. Together, they suggest that March is not about dramatic reinvention. It is about strengthening foundations and tending to what sustains us. Home may be literal, our physical space or our routines. Or it may be emotional, boundaries, self-trust, the quiet knowing of what we will and will not allow.

*continued on the next page*

During Mercury retrograde in Pisces, when the outer world feels less reliable, this card reminds us that stability begins within. We are being asked to build something solid in our own lives, a habit, a structure, a commitment to ourselves, even if everything else feels slightly foggy.

And then we meet the Eight of Wands. This is a card of movement, messages, of energy travelling quickly. It often signals momentum picking up, conversations accelerating, decisions forming, ideas arriving all at once. In contrast to the grounded beaver, this card moves like wind across water. Under a retrograde, this is fascinating energy. It suggests that while Mercury may be retracing its steps in Pisces, life is not stalled. In fact, something may begin to move faster. Information may arrive unexpectedly. A conversation may open a door. An opportunity may appear before we feel fully prepared. But here is the key: this movement may not feel logical.

Pisces does not operate in spreadsheets. It operates in intuition. The Eight of Wands here feels less like chaotic speed and more like guided momentum. A sense of “I don’t know why, but I know this is right.” We may not have the full picture and we may not understand every detail. But something is aligning. And this is where the third card steps forward.

Moth Spirit - Surrender Now. This card softens the urgency of the Eight of Wands and dissolves the need for over-analysis that Mercury retrograde can sometimes trigger. Surrender does not mean giving up. It does not mean inaction. It means releasing the need to control the outcome. In a month where communication may feel subtle, where emotions may taint perception, where clarity comes in waves rather than bullet points, the moth invites trust. Trust the build. Trust the movement. Trust the pull.

The narrative woven through these three cards is powerful. Build your foundation. Allow momentum to gather. Release the need to micromanage the path. There is an integration happening here between earth and air, between structure and flow. The beaver builds the dam. The wands cut through the sky. The moth moves through darkness toward light. March is not asking us to rush. It is asking us to stabilize while remaining open. To strengthen our inner home while life begins to move around us.

Mercury retrograde in Pisces may blur timelines or soften conversations, but it also heightens intuition. It invites us to listen more closely. To respond rather than react. To pause before assuming. To feel before deciding. If something feels unclear this month, do not panic. Return to the beaver. What can you build today? What small action creates security? What routine anchors you? If something begins to move quickly, do not freeze. Return to the Eight of Wands where energy is naturally flowing. What feels aligned rather than forced? And if you find yourself wanting guarantees before you proceed, breathe. Return to the moth. What light are we being drawn toward? What would trust look like there?

This is not a month of dramatic upheaval. It is a month of quiet alignment. Of strengthening inner foundations while outer momentum gathers. The fog is not here to confuse you. It is here to teach you to navigate by instinct. And instinct, when honoured, becomes wisdom.

Imagine the shoreline at dusk. The birch trees stand pale against the darkening sky, their bark catching the last light. A beaver works steadily at the water’s edge, shaping its home with quiet determination, branch by branch. Above, a moth drifts toward a single lantern glowing in the gathering mist. One builds. One trusts the light. March carries this same energy for you. Tend to what is yours to build. Strengthen your foundations with patience and care. And when the fog rolls in, as it often does during a Mercury retrograde, let yourself be guided not by perfect clarity, but by instinct. The shoreline knows how to hold both water and land. You too, can hold both structure and surrender.

Our affirmation for March is, even in the mist, I am not lost. I tend to what is mine to build. I follow what calls me forward. Clarity comes as I soften into trust.

Mercury retrograde is never dull. It is the season of “re” — revisit, reflect, restore, realign. In Pisces, it does not shout its lessons. It moves like mist over water, asking us to slow down long enough to notice what we may have missed the first time. Old creative ideas may resurface, past relationships might reappear, forgotten desires can bubble up. The unknown in March is actually part of its charm :)

Speak kindly to yourselves this month. Hugs and much love, Lisa xo

Cards Used in this Reading:

1. Woodland Wardens by Jessica Roux
  2. The Guardian of the Night Tarot by MJ Cullinane
  3. The Spirit Animal Oracle by Colette Baron- Reid
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\*\*\* PREORDER — MARCH 16, 2026 — RELEASE \*\*\*

WISDOM UNTETHERED  
*The Time for Questions*

In *Wisdom Untethered: The Time for Questions*, Michael A. Singer offers direct answers to life's deepest challenges: how to find peace amid chaos, how to handle the mind's endless chatter, how to let go of emotional pain, and how to live from the vast awareness that you truly are.

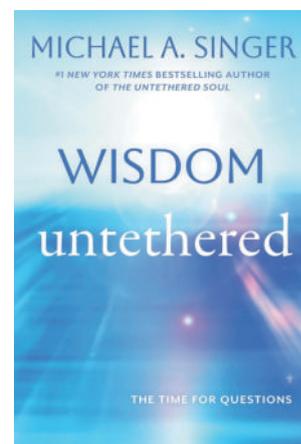
Michael A. Singer

In this groundbreaking guide, Singer explores the universal struggles we all face, such as the need to control, the fear of change and surrender, and the illusion that peace lies somewhere outside of ourselves. With clarity and compassion, he reveals that spiritual growth isn't about fixing your outer life—it's about releasing what blocks you from the love, clarity, and freedom that is already within you.

Through insightful dialogues and timeless wisdom, Singer illuminates how every challenge—whether in relationships, work, or your own mind—can become a doorway to awakening. Life itself is the ultimate teacher, presenting daily opportunities to relax, release, and return to the calm center of your being.

*Wisdom Untethered* is an invitation to stop struggling and start allowing. To remove everything that stands between you and the boundless freedom of your true Self, where unconditional love, inner stillness, and vibrant energy naturally flow.

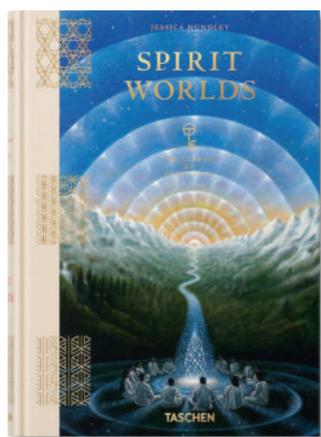
ISBN: 979-8900220345 \* New Harbinger, March 16, 2026 \* 232 pages \* \$29.95



## SPIRIT WORLDS

*The Library of Esoterica*

Jessica Hundley



A voyage through mysterious and haunted lands, the sixth volume of The Library Esoterica delves into the art, rituals, and global mythologies of the spirit realms. Unearthing our complex beliefs around death, rebirth and resurrection, we explore the art, traditions and ancient stories of the afterlife. Through interviews with scholars and practitioners, insightful essays and over 400 works of visionary art, *Spirit Worlds* delves into the shadows of the supernatural, from dark domains of ghosts and demons to the light-filled lands of angels and celestial beings. Across more than 500 pages, we celebrate the ways in which we connect with both our ancestors and with ourselves, as we worship, mythologize and honor our dead. We study the rites of death around the globe, highlighting the ancient monuments and sacred temples we build out of our sorrow. We showcase the altars we create and the communities we nurture as we share our grief with our gods. We dive into the rituals that connect us to those we've lost. And we decipher the messages communicated to us from the other worlds by mediums and prophets, through the elaborate séances of the Spiritualists, and in the storied words of oracles and fortunetellers bent at their crystal balls. And finally, we showcase artworks that channel not only the muse, but the unknown, eloquent voices and visions from the other side. In this expansive volume, we board the ferry across the storied river and enter the gloomy passages between lands, stepping across the threshold—to part the most sacred of veils.

ISBN: 978-3836590617 \* Taschen, 2025 \* 520 pages \* \$58.00

THE SONG OF THE STARS  
*Starry Skies, Anishinaabe Stories, Scientific Insights, and More!*

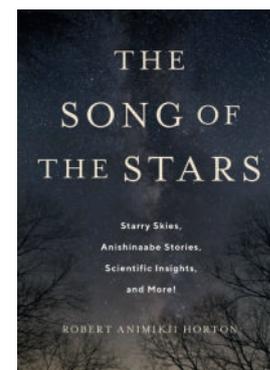
Since the earliest days of human memory, countless generations have turned their eyes to the skies in wonder, drawing patterns, understanding the stars' connection to cycles and events, and carrying their stories and teachings forward to subsequent generations.

Robert Animikii Horton

*The Song of the Stars* offers a unique journey through the skies, linking us to generations of ancestors who marvelled at the same stars we still gaze upon today. The book brings together Anishinaabe cultural teachings about the cosmos and the Anishinaabemowin language with scientific insights to demonstrate how both viewpoints can help us foster deeper and more meaningful relationships to the Earth and the cosmos. Robert Animikii Horton, Anishinaabemowin educator, proves that this dual perspective can be a source of awe and wonder, inspiring in us a love of both language and science.

Demonstrating how Anishinaabe cultural teachings and scientific insights can complement one another and need not be irreconcilable opposites, *The Song of the Stars* provides a combination of perspectives that cultivates a deeper understanding of the vast mystery surrounding our place in the universe.

ISBN: 978-1487564155 \* Aevo/University of Toronto Press, 2025 \* 108 pages \* \$29.95



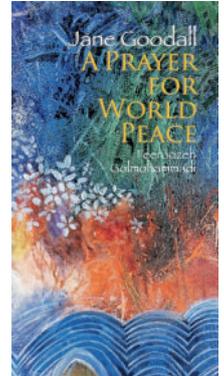
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## A PRAYER FOR WORLD PEACE

Jane Goodall  
Feeroozeh Golmohammadi, Illus.

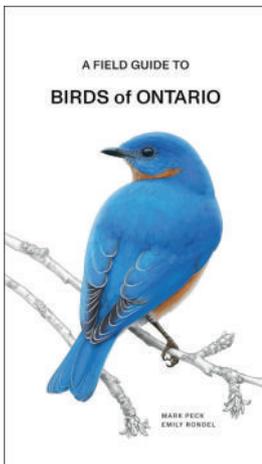
Jane Goodall is a world-renowned naturalist who brings her passion and her quest for understanding between all the Earth's creatures to the fore in this beautiful and affecting prayer for world peace. She asks us all to rise above our dogmas, to bring a spirit of generosity to the living world around us, to pray for justice and for those who are suffering. Illustrated with rich and colorful artwork, this is prayer that's both personal and universal and one that will speak to people of all ages from all backgrounds

ISBN: 978-9888240494 \* miniedition, 2015 \* 48 pages \* \$23.00



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## A FIELD GUIDE TO BIRDS OF ONTARIO



From watching the soaring Red-tailed Hawk to hearing the haunting call of the Common Loon, birds are our daily connection to nature. Birds, their migrations, and the state of their populations help us recognize the health of our ecosystems. Their songs and colours add beauty to our lives and their presence in almost every environment, from the most built-up inner city to the most remote forest, reminds us that we are part of nature, no matter where we are. *A Field Guide to Birds of Ontario* is the latest addition to ROM's bestselling field guide series and offers a closer look at the diversity of bird species regularly found in our province.

This guide offers detailed descriptions of migrant and resident Ontario bird species and accidentals, including notes on appearance, sound, habitat, and breeding. Close to 600 full-colour photographs from Ontario bird photographers have been carefully selected for quick and easy identification in the field. Includes distribution maps showing summer, migration, and winter ranges, alongside a handy glossary, checklist of Ontario birds, and an index for ease of navigation. The perfect companion for your next outdoor adventure.

ISBN: 978-0888545343 \* M, 2025 \* 448 pages \* \$30.00

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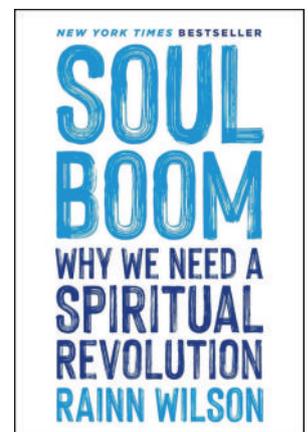
## SOUL BOOM *Why We Need a Spiritual Revolution*

Rainn Wilson

The trauma that our struggling species has experienced in recent years—because of both the pandemic and societal tensions that threaten to overwhelm us—is not going away anytime soon. Existing political and economic systems are not enough to bring the change that the world needs. In this book, Rainn Wilson explores the possibility and hope for a spiritual revolution, a “*Soul Boom*,” to find a healing transformation on both a personal and global level

For Wilson, this is a serious and essential pursuit, but he brings great humor and his own unique perspective to the conversation. He feels that, culturally, we've discounted spirituality—faith and the sacred—and we need profound healing and a unifying understanding of the world that the great spiritual traditions provide. Wilson's approach to spirituality—the non-physical, eternal aspects of ourselves—is relatable and applies to people of all beliefs, even the skeptics. Filled with genuine insight—not to mention enlightening Kung Fu and Star Trek references—*Soul Boom* delves into ancient wisdom to seek out practical, transformative answers to life's biggest questions.

ISBN: 979-0306828270 \* Grand Central Publishing, 2023 \* 282 pages \* \$25.99



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FOX UNDER THE MOON  
*Seasons of Comfort and Hope*

Stacey McNeill



*"Wise and warm, like a hug from the universe. A simply beautiful book."*  
—Donna Ashworth, No. 1 Sunday Times Best-Selling Author

How can we endure the fearsome winter while we wait for the hope of spring? And in autumn, how do we learn to handle the change, and let go? How can we navigate a world that is as uncertain as it is beautiful? This inspiring journey through the seasons follows a young fox and a wise old moon that offers answers and guidance for the things that truly matter in life.

Follow the fox and share in his curiosity and lessons surrounding friendship, grief, and love in every season. Enjoy gorgeously illustrated scenes paired with comforting quotes—from a wintry woodland to a blossoming meadow, or a sun-soaked field to a mountain of fallen leaves. ***Fox Under the Moon*** is a heartwarming read that offers hope and wisdom as you approach change in every season.

ISBN: 979-8886743746 \* Weldon Owen, 2026 \* 208 pages \* \$34.99

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THE GOODBYE CAT

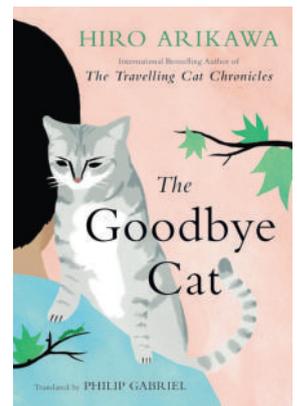
Already a bestseller in Japan, ***The Goodbye Cat*** is a collection of simple yet charming, funny, and often very moving tales (tails?) woven by seven wise felines and their humans.

Against the backdrop of Japan's changing seasons, we meet Spin, a kitten rescued from the recycling bin, whose playful nature and simple needs teach an anxious father how to parent his own human baby; a colony of wild cats on a holiday island who show a young boy not to stand in nature's way; a cat whose undying devotion to their charismatic but uncaring father enriches a family; and an elderly cat who hatches a plan to pass into the next world as a spirit so that he and his owner may be in each other's lives for ever.

Bursting with love and warmth, ***The Goodbye Cat*** exquisitely explores the cycle of life and how, in different ways, the steadiness and devotion of a well-loved cat never lets us down. A joyous celebration of the wondrousness of cats and why we choose to share our lives with them.

ISBN: 978-0735248670 \* Viking, 2023 \* 278 pages \* \$29.95

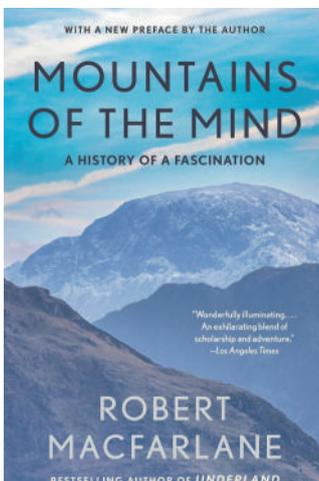
Hiro Arikawa  
Philip Gabriel. Tr.



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MOUNTAINS OF THE MIND  
*A History of a Fascination*

Robert Macfarlane



*Selection from backlist — From the New York Times bestselling author of Is a River Alive? and Underland, a soaring blend of cultural history, meditation, and memoir about the mysteries of the world's highest places and our unending quest for the summit*

For those who love mountains, their wonder is beyond dispute. But for many, their allure is beyond reason; their extraordinary beauty offset by the immense risks involved in climbing them. In this groundbreaking and now classic work, Robert Macfarlane answers the enduring 'why' of mountaineering. He explores how mountains have come to grip the Western imagination and hold so many of us spellbound, drawing us up into the high places—sometimes at the cost of our lives.

Braiding history, geology, human stories, and glittering accounts of his own journeys in high, wild landscapes from the Rockies to the Himalayas, Macfarlane unfurls the mysteries and passions of mountaineering's imaginative evolution. His account begins in the mid-1700s, when a fascination for mountains was sparked by the work of both poets and scientists in Europe. It ends with a vivid re-creation of George Mallory's three, ill-fated expeditions in the 1920s, as Mallory sought to be the first to summit Mt. Everest.

ISBN: 978-0375714061 \* Viking, 2004 \* 306 pages \* \$27.99

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Maarten Haverkamp acquired a French book from 1498 titled *The Prophecies of Merlin* that claimed to be prophecies given by the legendary magician. The book was really a compilation of documents collected by an unknown 13th century monk. Working with John Matthews, Maarten spent five years translating the mysteries hidden in this obscure book.

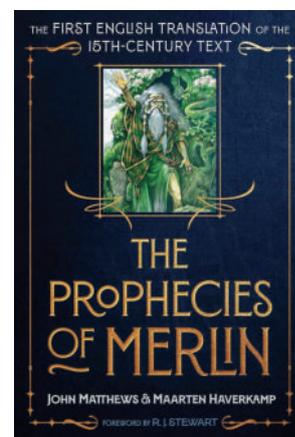
THE PROPHECIES OF MERLIN  
*The First English Translation of the  
15th-Century Text*

John Matthews  
Maarten Haverkamp

Presenting their translation and commentary, the authors share forgotten stories of early Arthurian literature and magic. They share the tale of Merlin's birth from a demon, how he was born able to speak, and how his magic ensured he was not killed by his guardian. Merlin's affair with the Lady of the Lake is detailed, ending with his imprisonment in a tomb. Other stories include Percival's first contact with the Grail and King Arthur's connection with the mystical king Prester John. The authors show how *The Prophecies of Merlin* sheds new light on the world of King Arthur and the women who learned magic from Merlin.

Discovering a hitherto lost or forgotten book about Merlin and King Arthur is a rare event these days. Yet here the authors present a virtually forgotten and, to date, untranslated book, which includes much that is new—and exciting—about the legendary king and his magical adviser. Through their translation and insightful passage by passage commentary, they reveal secrets long hidden behind the obscure language of the prophetic utterances.

ISBN: 979-8888502198 \* Inner Traditions, 2025 \* 287 pages \* \$43.99



## ENSHITTIFICATION

*Why Everything Suddenly Got Worse and What to Do About It*

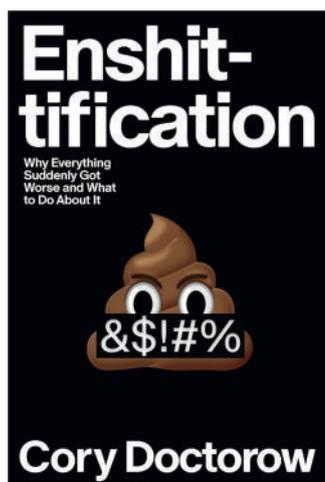
Cory Doctorow

We are all living through the Enshittocene—the Great Enshittening—a time in which the services that matter to us, that we rely on, are being turned into giant piles of shit. It's frustrating. Demoralizing. Even terrifying.

The once-glorious internet has degenerated into “platforms” that rose to dominance because they delivered convenient and delightful services efficiently and reliably. But once we were locked in to those services, the tech bosses turned on us, relying on our dependency to keep us using the services even as they got worse and worse. The platform bosses did the same to the companies that had flocked to their services to sell stuff to us. Once we were all locked in—businesses and users—the tech companies stripped out all utility, save the bare minimum needed to stave off total collapse.

In *Enshittification*, Cory Doctorow shows us where it comes from: not the iron laws of economics, or the great forces of history, but specific policy choices made by powerful people who ignored every warning about the consequences of those choices. These are choices that can be undone. *Enshittification* is a Big Tech disassembly manual, a road map for the seizure of the means of computation. It is a diagnosis, and it is a cure.

ISBN: 978-0374619329 \* MCD, 2025 \* 338 pages \* \$42.00



*Spring Equinox Fri, Mar 20, 2026, 10:46 a.m.*

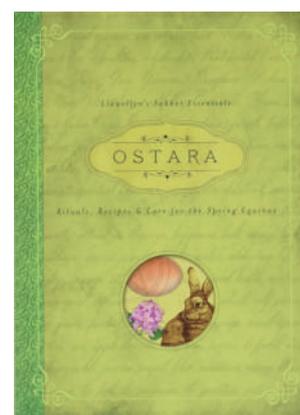
Celebrate the season of returning sunlight and the bursting forth of the birds, bees, and trees

Ostara—also known as the Spring Equinox—is a time of renewal, a time to plant seeds as the earth once again comes to life. This guide to the history and modern celebrations of Ostara shows you how to perform rituals and work magic to renew your power and passion for living and growing.

ISBN: 978-0738741819 \* Llewellyn, 2015 \* 217 pages \* \$19.50

OSTARA  
*Rituals, Recipes & Lore for the Spring Equinox*

Llewellyn's Publications



Through 78 stunning Tarot cards and an accompanying guidebook, delve into the fantastical world of traditional symbolism and contemporary themes that will return you to the wilderness and explore the feminine. With a unique synergy of artistic styles and perspectives, discover deities and mystical archetypes in the Major Arcana that convey 22 core lessons, while the Minors employ the help of animal guides to illuminate their diverse messages connecting them to your life. Identify your relationship with the Earth and pay homage to the natural world and those romantic moments where you can again be part of the nature around you.

OSTARA TAROT

Molly Applejohn, Eden Cooke  
Krista Gibbard, Julia Iredale

ISBN: 978-0764352829 \* Red Feather, 2017 \* 78 cards & guidebook \* \$35.99

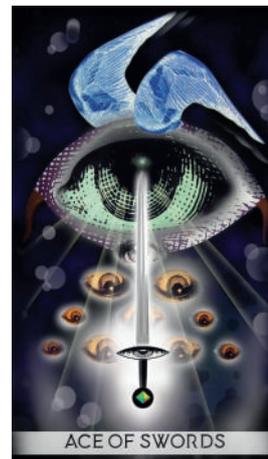
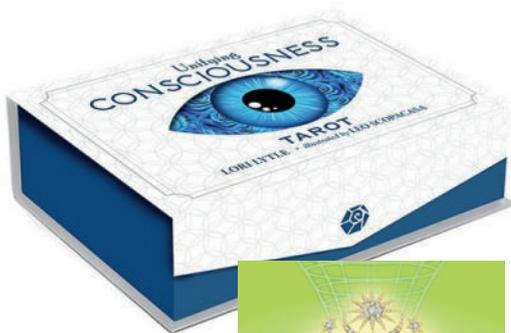


THE UNIFYING CONSCIOUSNESS TAROT

Lori Lytle  
Leo Scopacasa

*The Unifying Consciousness Tarot* is a radiant and inspiring Tarot deck that offers a gateway for new and experienced Tarot readers to tap into universal consciousness and sources of infinite wisdom, compassion, and love. Based on the traditional Rider-Waite-Smith structure, this stunning deck features 56 fully illustrated Minor Arcana and 23 Majors, including an added Major called "Activation." Featuring the soul-activating art of Leo Scopacasa and the written wisdom of longtime reader Lori Lytle, *The Unifying Consciousness Tarot* invokes imagery from sacred geometry, nature, the cosmos, and beyond for a profoundly powerful deck that speaks to many spiritual paths.

ISBN: 978-0764369124 \* Red Feather, 2025 \* 79 cards & guidebook \* \$52.50



GRIM TALES TAROT

Fiona Edgewood

Welcome to the eerily familiar world of the *Grim Tales Tarot*, where images and symbols from fairy tales magically mingle with undercurrents of occult secrets that lurk behind cottage doors in dark forests. Reading with this Rider-Waite-Smith-style deck allows you to create your own dark fairy tale full of magical knowledge to guide your life path. Use your intuition to listen to the characters as they whisper messages about your modern day "once upon a time."

ISBN: 978-0738779102 \* Llewellyn, 2025 \* 78 cards & guidebook \* \$41.50



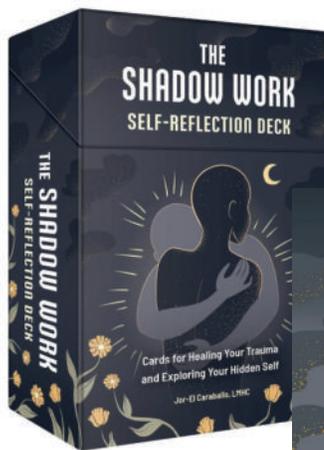
THE SHADOW WORK SELF-REFLECTION DECK

*Cards for Healing Your Trauma and Exploring Your Hidden Self*

Jor-El Caraballo, LMHC

*The Shadow Work Self-Reflection Deck*, an essential tool for personal development and emotional healing, is an expansion of author Jor-El Caraballo's Shadow Work Workbook, with over 100 prompts and affirmations (including 25 all-new cards) to walk you through your own shadow work. As a licensed therapist and mental health expert, Caraballo delivers skilled therapeutic guidance to this deck, making it a powerful companion for your journey of self-exploration, emotional growth, and self-acceptance.

ISBN: 978-1507224281 \* Adams Media, 2025 \* 100 pages \* \$26.00



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