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New Books

Mandala Books

...a haven for the soul

October, 2025

Earth teach me to forget myself as melted snow forgets its life. Earth teach me resignation as the leaves which die in the fall. Earth teach me courage as the tree which stands all alone. Earth teach me regeneration as the seed which rises in the spring.
—William Alexander

October's Insights from Lisa

Happy Spooky Season Friends! The cards for the coming weeks carry messages as ancient as the first stories whispered around firelight, tales of descent and return, of death and the underworld. Across cultures, autumn has always been seen as a threshold season—when the veil thins, the harvest is gathered, and the mysteries of what lies beyond grow close enough to touch. From Persephone's descent into Hades, to the ancestral rites of Samhain, to countless myths of spirits who walk between worlds, this lore lives in our collective memory. It runs deep in our bones and blood, reminding us that endings are not only inevitable but sacred. In this season, we are invited to walk in step with these ancient rhythms, to honour what must die, and to trust the promise of return that follows every descent.



We now embark on a metamorphosis. We slowly move from a state of grand vitality to a state of inertia. The arc from high energy to cessation is quite striking. We talked last month about transformation through decay and how what falls away, becomes fertile ground from which new life emerges. We don't often consider death and decay to be fertile ground and for obvious reasons. The whole thing can make us a bit uncomfortable. More often than not we miss or grieve the things that we are forced to leave behind. We miss people, relationships or opportunities that leave us. We aren't keen to actively sit and embrace our grief because letting go is hard. Let's be honest, letting go and moving forward can be one of the most difficult things we do. We avoid the death of many aspects of our lives because we feel the heavy thud of an ending deep within our soul. It is palpable and the anguish is distinct. When it is suggested that death and decay are deeply rich and fertile ground from which transformation is seeded, we can struggle to make sense of this. Our intellectual mind sees death and decay as just that. Rubbish, unwanted, unusable and the left side of our brain wants us to think it is strikingly absurd to state otherwise.

continued on the next page

The coming weeks will prove our intellectual side wrong as autumn cradles us in her warm colourful embrace. We will see in real time how the release and breakdown of one state of being will eventually foster, protect and nourish another. This time of the year we allow many plants to fall and disintegrate so they can provide crucial habitat and resources for insects, pollinators and other wildlife. This cycle is essential for recycling nutrients back into the ecosystem so they can be used for new life. This is true for us as well. Mother Nature has a marvellous system that provides and nurtures and sometimes we forget that we are a part of that magical system. The energy that comes with waning, fading and letting go is to be embraced at this time. The end of one stage should not be overlooked, disregarded or snubbed. There is solace here and great healing if we allow ourselves to embrace it. We are often quick to turn away from endings and march right up to the next stage. We tell ourselves we need to dust ourselves off get over it! The cards suggest that we not be in a hurry to get to the next stage.

Our friend the snake did not appear in this reading but his wisdom continues to influence the energy this month and like snakes do so well, we are to shed what is in need of release. Let. It. Go. There is relief, ease and most importantly well being that comes with release. We know this is true because at some point we all have experienced the amazing sensation that comes with releasing what we have outgrown. I said it last month and I will say it again, it is time to put down what burdens are no longer yours to carry. Release. Pause. Give yourself the time and space needed to be nurtured and healed within this state of inaction. Once you have released, be still. The magic happens in the stillness.

The cards ask that we acknowledge that there is a time for giving and a time for receiving, and now is a time for us to receive healing and the balm that comes with inaction. Autumn teaches us that letting go is not a failure but a sacred act of balance. Just as the trees no longer force their leaves to cling, we are invited to release what has run its course and allow ourselves to be enveloped by the slower rhythm of the season. This is a time to nurture our inner world, to draw our energy back from the noise and to let silence become medicine.

When we step into stillness, we make space for what truly matters to take root. By loosening our grip, we receive not only rest but the possibility of renewal. The cards remind us that pausing is not wasted time—it is the fertile ground where healing, wisdom, and new beginnings quietly germinate. Because new beginnings always inevitably come after endings.

Some other factors to consider:

#1. The Underworld- The underworld is not only a place of endings, but a place of pause—a sacred in-between where we rest before the next beginning. It is the dark womb of transformation, where we wait, gather strength, and slowly shift from one state of being to another. In this stillness, renewal quietly takes root. Just as autumn leaves fall and graciously return to the soil to become nourishment for spring, the underworld reminds us that even in the shadows, life is preparing to return.

#2. Six of Pumpkins (Pentacles)- This card encourages sharing resources, practising compassion and maintaining balance in relationships, including the one we have with ourselves. The Six of Pumpkins is a card representing (material) harmony. The amounts flowing in and out are in balance. When one door closes, another door opens.

#3. Samhain- Change is afoot! Time to let go, surrender and accept that death is never final. It is simply a portal to re-birthing into the next stage of the cycle. Death appears now in the form of Samhain and it is a time for connection and reflection on those who have left this world. We celebrate death as a part of life as we journey into the dark night of the soul. It is time to embrace the dying of the old self and transform into the next incarnation of the self in this life, at this time. Step into your wisdom.

#4. Eight of Wands- This card affirms that endings bring beginnings. This is a card of movement, action, and change that brings momentum. It offers spiritual growth, the swift arrival of news or spiritual insights, and aligned creative energy moving forward. This Eight is a dynamic card, containing a high level of energy that propels you forward. Steadfast progress awaits in the future. After a time of rest that involves transformation and maybe, a tiny personal revolution, it will be go time once again :)

Happy Halloween and Samhain Blessings to you all! It is a time of remembrance and reverence, when we honor those who have walked before us and acknowledge that we too are part of this endless cycle of death and renewal. In the stillness of Samhain, we are reminded that endings are never final—they are passages, doorways into transformation, and invitations to trust the mystery of what comes next. Hugs and much love to you all, Lisa xo

Cards Used in this Reading:

1. The Halloween Oracle by Stacey Demarco
 2. The Halloween Tarot by Kipling West
 3. Witches' Wisdom Oracle Cards by Barbara Meiklejohn-Free
 4. Zombie Tarot by Paul Kepple & Stacey Graham
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Last month, one of our lovely customers gifted the store with one of her diamond art creations. The picture to the left does not do justice to the work but it does give an idea of the detail minus the sparkle of the piece. It is such an honor and very touching that this artwork has been placed here at Mandala for all to enjoy.

Maureen Whitney is now retired and in her spare time she finds great delight in doing these diamond art works. Not all of us would have such patience to place each of the myriad "diamonds" onto the artboard with such precision.

Maureen is willing to create custom pieces for anyone. She can work from a pattern or an idea. If you are interested in speaking with her, you can call her at 519-777-2918 or visit her [facebook page](#) to message her.



Everyday Spells for Busy Witches Insight Cards

Seek inspiration and manifest your wishes with this deck of quick and simple spells. Each beautifully designed card contains an intention, such as self-care, protection from harm, or attracting positive energy, along with advice and actions you can take to bring those desires to life. Get ready to attune to the power within you and add a touch of magic to your daily life.

Over the past six years, Brené Brown, along with a global community of coaches and facilitators, has taken more than 150,000 leaders in 45 countries through her Dare to Lead courage-building work. In ***Strong Ground***, Brown shares the lessons from these experiences along with wisdom from other thinkers. This is a vital playbook for everyone from senior leaders developing and executing complex strategies to Gen Z-ers entering and navigating turbulent work environments.

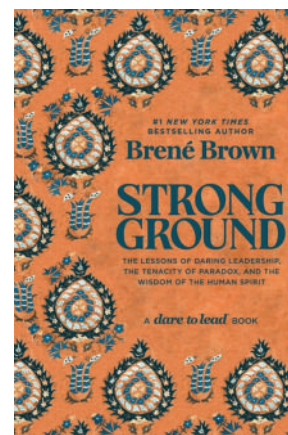
STRONG GROUND
*The Lessons of Daring Leadership, the
Tenacity of Paradox, and the Wisdom of
the Human Spirit*

Brené Brown

With equal amounts of optimism and caution about AI, Brown writes, “I hear a lot of experts trying to soothe people’s anxiety about the pace of technological change by offering platitudes like, What makes us human will ensure our relevance. This is dangerous simply because, right now, we’re not especially good at what makes us human. We’re not hardwired for this level of uncertainty, and many of us feel as if the constant need to self-protect is driving the humanity right out of us. This is why organizational transformation today must foster deep connection, deep thinking, and deep collaboration. We need the courage to lead people in a way that honors and protects the wisdom of the human spirit.”

Brown offers a broad assessment of the skill sets and mindsets we need moving forward, including the capacity for respectful and difficult conversations, increased productive urgency and smart prioritization rather than reactivity, and strategic risk-taking, paradoxical thinking, and situational and anticipatory awareness skills. She identifies the toughest skill set as the discipline, humility, and confidence to unlearn and relearn.

ISBN: 978-1984855749 * Random House, 2025 * 448 pages * \$42.00



MAKING THE CUT
How to Heal Modern Medicine

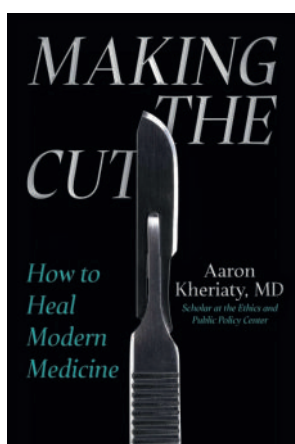
Aaron Kheriaty, MD

Medicine got sick. One in three people now distrust the healthcare system. Following the pandemic, two-thirds of Americans doubt medical scientists will act in the best interest of the public. We are grappling with an epidemic of chronic illness—heart disease, cancer, diabetes, Alzheimer’s, stroke, and chronic lung and kidney disease—affecting six in ten Americans, which medicine seems powerless to fix. The overall life expectancy of Americans has declined for the first time since the Great Depression.

Not only are trust levels tanking, the number of doctors is dropping dramatically. Physicians are quitting in droves. One in five doctors will leave medicine in the next two years. One in three will reduce their hours. A doctor, we assume, wounds in order to heal. “You’re going to feel a sharp pain!” she says, before making the cut. Today, though, all too often the doctor wounds without healing. Why?

In ***Making the Cut***, Dr. Aaron Kheriaty, one of the country’s leading public intellectuals and preeminent bioethicists, reveals what medicine gave him—and what it sometimes took from him. This book is about how he grew from an overconfident pre-med to an ambivalent medical student to a capable physician who had fallen in love with medicine—even if his lover has turned into a prostitute of late. While presenting a damning diagnosis of contemporary medicine, ***Making the Cut*** also applies the wounding scalpel in order to heal it.

ISBN: 978-1510783522 * Regnery, 2025 * 256 pages * \$44.99

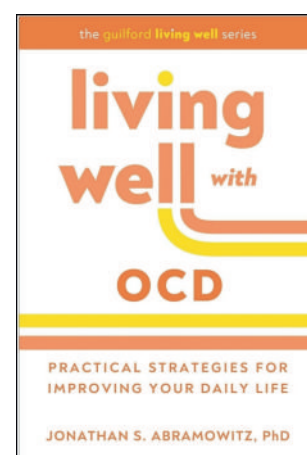


LIVING WELL WITH OCD
Practical Strategies for Improving Your Daily Life

Jonathan S. Abramowitz, PhD

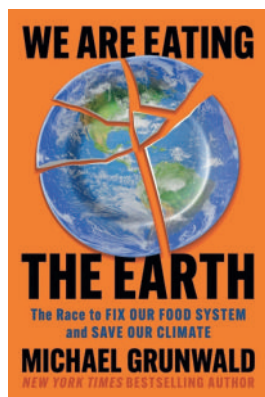
Over decades, noted authority Jonathan S. Abramowitz has helped thousands of people use the best science-based strategies to overcome obsessive-compulsive disorder (OCD). But if you have OCD—whether in treatment or not—you know that some days are harder than others. If you are looking for empathic support to navigate the rough patches when OCD disrupts your life, this book is for you! Get step-by-step ideas and downloadable practical tools for coping with lingering obsessional thoughts and doubts, riding out compulsive urges, and staying on track at work or in school. Dr. Abramowitz offers tips for navigating relationships and solving problems with family members, friends, and romantic partners. In short, engaging chapters, this book helps you cultivate resilience, replace self-criticism with self-compassion, and build the life you want—even with OCD.

ISBN: 978-1462553761 * Guilford Press, 2025 * 208 pages * \$27.95



WE ARE EATING THE EARTH
The Race to Fix Our Food System and Save Our Climate

Michael Grunwald



Humanity has cleared a land mass the size of Asia plus Europe to grow food, and our food system generates a third of our carbon emissions. By 2050, we're going to need a lot more calories to fill nearly 10 billion bellies, but we can't feed the world without frying it if we keep tearing down an acre of rainforest every six seconds. We are eating the earth, and the greatest challenge facing our species will be to slow our relentless expansion of farmland into nature. Even if we quit fossil fuels, we'll keep hurtling towards climate chaos if we don't solve our food and land problems.

In this rollicking, shocking narrative, Grunwald shows how the world, after decades of ignoring the climate problem at the center of our plates, has pivoted to making it worse, embracing solutions that sound sustainable but could make it even harder to grow more food with less land. But he also tells the stories of the dynamic scientists and entrepreneurs pursuing real solutions, from a jungle-tough miracle crop called pongamia to genetically-edited cattle embryos, from Impossible Whoppers to a non-polluting pesticide that uses the technology behind the COVID vaccines to constipate beetles to death. It's an often infuriating saga of lobbyists, politicians, and even the scientific establishment making terrible choices for humanity, but it's also a hopeful account of the people figuring out what needs to be done—and trying to do it.

Michael Grunwald, bestselling author of *The Swamp* and *The New New Deal*, builds his narrative around a brilliant, relentless, unforgettable food and land expert named Tim Searchinger. He chronicles Searchinger's uphill battles against bad science and bad politics, both driven by the overwhelming influence of agricultural interests. And he illuminates a path that could save our planetary home for ourselves and future generations—through better policy, technology, and behavior, as well as a new land ethic recognizing that every acre matters.

ISBN: 978-1982160074 * Simon & Schuster, 2025 * 371 pages * \$39.99

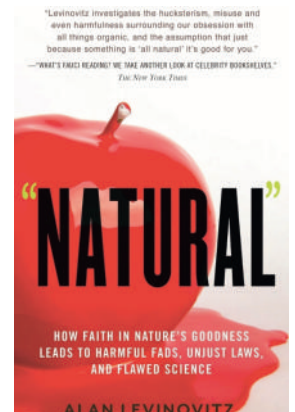
NATURAL
How Faith in Nature's Goodness leads to Harmful Fads, Unjust Laws, and Flawed Science

Alan Levinovitz

People love what's natural: it's the best way to eat, the best way to parent, even the best way to act—naturally, just as nature intended. Appeals to the wisdom of nature are among the most powerful arguments in the history of human thought. Yet Nature (with a capital N) and natural goodness are not objective or scientific. In this groundbreaking book, scholar of religion Alan Levinovitz demonstrates that these beliefs are actually religious and highlights the many dangers of substituting simple myths for complicated realities. It may not seem like a problem when it comes to paying a premium for organic food. But what about condemnations of “unnatural” sexual activity? The guilt that attends not having a “natural” birth? Economic deregulation justified by the inherent goodness of “natural” markets?

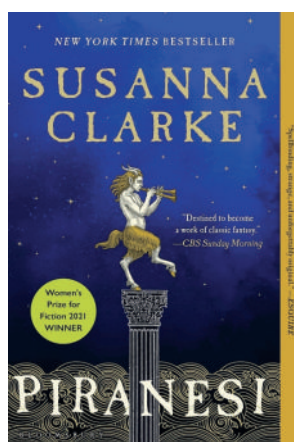
In *Natural*, readers embark on an epic journey, from Peruvian rainforests to the backcountry in Yellowstone Park, from a “natural” bodybuilding competition to a “natural” cancer-curing clinic. The result is an essential new perspective that shatters faith in Nature's goodness and points to a better alternative. We can love nature without worshipping it, and we can work toward a better world with humility and dialogue rather than taboos and zealotry.

ISBN: 978-0807002865 * Beacon Press, 2020 * 252 pages * \$24.95



Piranesi
A Novel

Susanna Clarke



Piranesi's house is no ordinary building: its rooms are infinite, its corridors endless, its walls lined with thousands upon thousands of statues. Within the labyrinth of halls an ocean is imprisoned; and waves thunder up staircases, while rooms are flooded in an instant. But Piranesi is not afraid; he understands the tides as he understands the pattern of the labyrinth itself. He lives to explore the house.

There is one other person in the house—a man called The Other, who visits Piranesi twice a week and asks for help with research into A Great and Secret Knowledge. But as Piranesi explores, evidence emerges of another person, and a terrible truth begins to unravel, revealing a world beyond the one Piranesi has always known.

“Spellbinding, strange, and unforgettably original” (Esquire), *Piranesi* introduces an astonishing new world, an infinite labyrinth, full of startling images and surreal beauty.

ISBN: 978-1635577808 * Bloomsbury, 2021 * 245 pages * \$23.99

In every civilized country, trees have been revered for their arboreal wisdom, common sense modeling, botanical philosophy, and lifelong acumen. They are, without argument, icons of counsel and direction. Trees offer commending insights for our lives...lives succumbed to stress, anxiety, and loss of focus.

Trees are, in so many ways, individual examples of determination, vibrancy, and passion; not for a moment, but rather for a lifetime. *The Healing Wisdom of Trees* offers sixty-five separate essays of practical advice that can change lives for the better; a collection of scientific and psychological insights that can renew and reinvigorate for the long term.

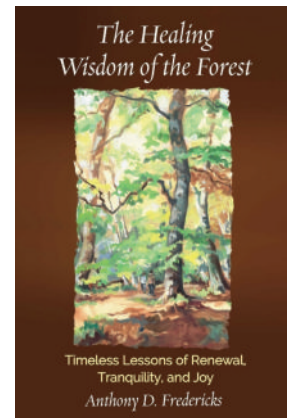
This is not a book about spirituality, trees that talk to us, or ever-knowing sprites that gambol through the forest. It is a collection of compelling anecdotes and vivid stories about how trees serve as valuable models for our lives; how we can deal with the challenges of everyday living, and how we can grow as individuals. With the best-selling author of *The Secret Life of Clams* and *In Search of the Old Ones*, Anthony D. Fredericks, you'll venture into a redwood forest to learn about how trees show us the importance of community, you'll discover how peach trees model the power of friendship, you'll see how cherry trees exemplify the significance of calmness, and you'll learn how aspens demonstrate our need to draw strength from others. Here, trees are our mentors and our teachers.

Part travelogue, part natural history, part science, and part psychology, this absorbing book shows us how we can reinvigorate our lives, reduce everyday stress, and bring out the best in ourselves when we heed the wisdom of trees.

ISBN: 978-0757325373 * Health Communications, 2025 * 336 pages * \$24.95

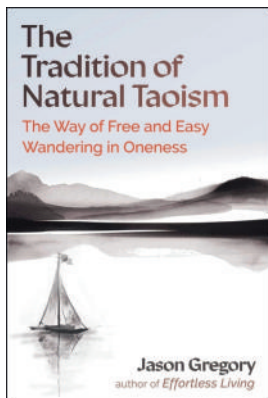
THE HEALING WISDOM OF THE FOREST *Timeless Lessons of Renewal, Tranquility, and Joy*

Anthony D. Fredericks



THE TRADITION OF NATURAL TAOISM *The Way of Free and Easy Wandering in Oneness*

Jason Gregory



Giving readers a fresh take on the ancient philosophy of oneness, while at the same time restoring Taoism's original teachings, Jason Gregory shows how to effortlessly align with the Tao. By returning to the source texts of the Tao Te Ching and the writings of Chuang-tzu, he offers wisdom to liberate us from the suffering inherent in a materialistic culture and reconnect us with our unfiltered true nature.

Since the time of Lao-tzu and Chuang-tzu, we have navigated a world detached from the Tao. This detachment continues to expand due to external forces and information saturation. In contrast to Confucianism, which offers social morality, Taoism is essentially a worldview shaped by nature—a spiritual practice for releasing ourselves from imposed socialization and reactions of the ego.

Jason Gregory shows that imposed socialization can impede the spontaneous flow that is central to the Taoist path—your true nature as it is with no filters. He explains that what we see is not reality itself but a world according to our conditioning. Taoism seeks to reunite us with our undifferentiated nature, dissolving the binary limitation of reason in our mind and achieving *xiaoyao you*, “free and easy wandering.” This book shows the way to become what Taoists call a *zhenren*—an authentic genuine person, the ultimate state of being.

ISBN: 979-8888502358 * Inner Traditions, 2025 * 212 pages * \$23.99

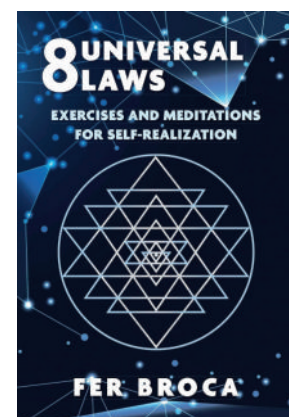
From a young age, Fer Broca has searched for answers to his deep spiritual concerns, immersing himself in numerous spiritual traditions, including Christianity, Judaism, Hinduism, Shintoism, and Nahuatl and other Indigenous Mesoamerican traditions. His journey to achieve fulfillment and self-realization led him to distill his knowledge down to eight universal laws.

With his friendly and direct style, Broca details the principles of oneness, generation, resonance, karma, dharma (responsibility), wu wei (effortless action), olin (aligning with the world's rhythm to achieve perfect timing), and peace. These universal laws govern the flow, energy, and vibration of everything. Broca unpacks these laws so that you can apply them to daily life and deepen your spiritual practice, not only to manifest abundance in a material sense but to realize true inner fulfillment. He shares exercises, practices in meditation and reflection, and methods of dedicated study to gain access to the inner source of knowledge where these laws can be realized.

ISBN: 979-8888502273 * Destiny Books, 2025 * 189 pages * \$23.99

8 UNIVERSAL LAWS *Exercises and Meditations for Self-Realization*

Fer Broca



WHAT WE CAN KNOW

A Novel

Ian McEwan



2014: At a dinner for close friends and colleagues, renowned poet Francis Blundy honors his wife's birthday by reading aloud a new poem dedicated to her, 'A Corona for Vivien'. Much wine is drunk as the guests listen, and a delicious meal consumed. Little does anyone gathered around the candlelit table know that for generations to come people will speculate about the message of this poem, a copy of which has never been found, and which remains an enduring mystery.

2119: Just over one hundred years in the future, much of the western world has been submerged by rising seas following a catastrophic nuclear accident. Those who survive are haunted by the richness of the world that has been lost. In the water-logged south of what used to be England, Thomas Metcalfe, a lonely scholar and researcher, longs for the early twenty-first century as he chases the ghost of one poem, 'A Corona for Vivian'. How wild and full of risk their lives were, thinks Thomas, as he pores over the archives of that distant era, captivated by the freedoms and possibilities of human life at its zenith. When he stumbles across a clue that may lead to the elusive poem's discovery, a story is revealed of entangled loves and a brutal crime that destroy his assumptions about people he thought he knew intimately well.

What We Can Know is a masterpiece, a fictional tour de force, a love story about both people and the words they leave behind, a literary detective story which reclaims the present from our sense of looming catastrophe and imagines a future world where all is not quite lost.

ISBN: 978-1039058200 * Knopf Canada, 2025 * 303 pages * \$38.00

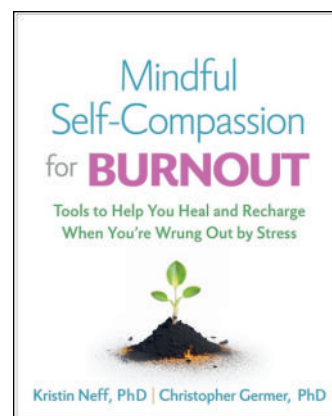
MINFUL SELF-COMPASSION FOR BURNOUT

Tools to Help You Heal and Recharge When You're Wrung Out by Stress

Kristin Neff, PhD
Christopher Germer, PhD

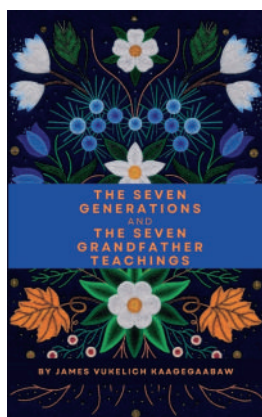
"I'm tired of feeling stressed out every day." "I can't stand having so little impact, despite caring so much and working so hard." "I just don't have anything left to give." Over years of developing and teaching their renowned Mindful Self-Compassion program, Kristin Neff and Christopher Germer have found MSC to be uniquely helpful for people struggling with the soul-draining depletion of burnout—from health care professionals, teachers, and caregivers, to tapped-out business owners and employees. Each chapter in this engaging book offers an empathic story of someone stretched to their limits and an easily digestible bite of self-compassion that culminates in a simple anti-burnout tool based on MSC practices. Learn quick and powerful ways to recharge your batteries, de-stress, and, above all, be kind to yourself—so you can be there for others.

ISBN: 978-1462550227 * Guilford Press, 2025 * 220 pages * \$29.50



THE SEVEN GENERATIONS AND THE SEVEN GRANDFATHER TEACHINGS

James Vukelich Kaagegaabaw



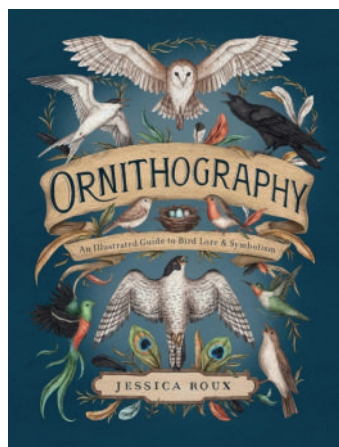
Discover indigenous wisdom for a life well lived in "*The Seven Generations and the Seven Grandfather Teachings*." Based on ancient teachings from the Anishinaabe / Ojibwe people, this spiritual translation of the sacred laws guides us toward Mino-bimaadiziwin, "the good life" – a life of harmony, free from contradiction or conflict. Prepare to embark on a path to peace, balance and personal growth where ancestral knowledge offers timeless lessons for transforming our lives.

ISBN: 979-8988531302 * James Vukelich, 2023 * 88 pages * \$19.00

ORNITHOGRAPHY

An Illustrated Guide to Bird Lore & Symbolism

Jessica Roux



Birds have inspired us since the dawn of time: their elegance in flight, captivating colors, and delicate mannerisms spark hope, joy, and delight. Cultures around the world have historically looked to birds as sacred messengers, intermediaries between earth and sky, including them in myths and legends and using them to teach moral lessons and historical truths.

In Jessica Roux's *Ornithography*, each of 100 entries focuses on one bird species, featuring a full-page color illustration in her detailed, darkly romantic style and the lore behind each bird.

The perfect gift for birdwatchers, gardeners, and history buffs, as well as all readers who appreciate nature, mythology, and art, *Ornithography* is as intriguing and playful as the feathered muses that fill its pages.

ISBN: 978-1524888770 * Andrews McMeel, 2024 * 209 pages * \$29.99

THE CHICKADEE

Parus

Meaning: Honesty

The humble chickadee is revered in Cherokee legend as an honest messenger. One folktale tells of an evil, shapeshifting witch called Spearfinger, named for her long, stony finger used to smother anyone who gets too close. Try as they might, the villagers are unable to destroy her until the chickadee reveals that the witch's heart is located in her sharp finger. A hunter aims his arrow for the witch's heart, killing her, and revealing the helpful chickadee's true intentions.



THE HUMMINGBIRD

Trochilidae

Meaning: Sight

Glimmering hummingbirds are named for the sound their wings make as they flutter rapidly. Small but mighty, these birds were revered by the Aztecs. Huastecapochtli, the god of sun and war, was often depicted as a hummingbird or with a hummingbird-shaped headdress. Warriors who died in battle, as well as women who died during childbirth, were said to transform into hummingbirds and join Huastecapochtli in the afterlife. Dead hummingbirds were even carried by warriors into battle as good-luck charms.



CO-CREATING WITH NATURE

Healing the Wound of Separation

Pam Montgomery

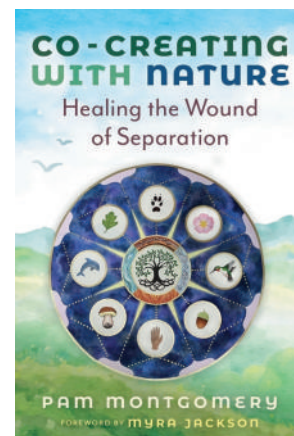
We are in the midst of a global transformation where we must heal our separation from Nature and restore our partnership with the living Earth, which is essential to co-creating a world where all life—human and nonhuman—can thrive.

In this groundbreaking book, Nature Evolutionary and Earth Elder Pam Montgomery draws on her decades of working with plants and Nature consciousness to demonstrate that we are intrinsically created to be in relationship with Nature. She examines the co-opting of time, language, and culture to shed light on the roots of our separation, weaving together contemporary research on human physiology with personal experience.

She offers six principles of developing a co-creative partnership, explaining that we can communicate with Nature through vibratory resonance. She details the steps of co-creating an initiation with a specific plant ally, where bonding brings healing, and she shares evocative stories, meditations, and the healing wisdom gained from the profound plant initiations she and her students have participated in, all with common plants.

Through this book, Pam reveals how to restore our relationship with the living Earth and come home not only to Nature but also to ourselves. She shows that when we nurture ourselves, trust our intuition, and allow for joyful encounters, we restore our interconnection with all life.

ISBN: 978-1591435228 * Bear & Co. 2025 * 336 pages * \$24.99



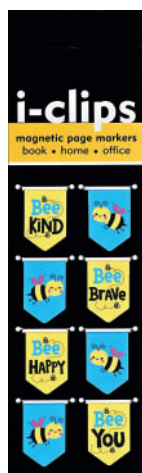
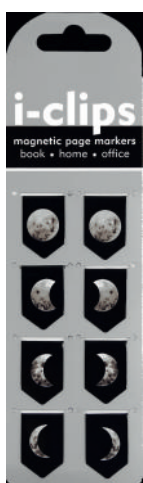
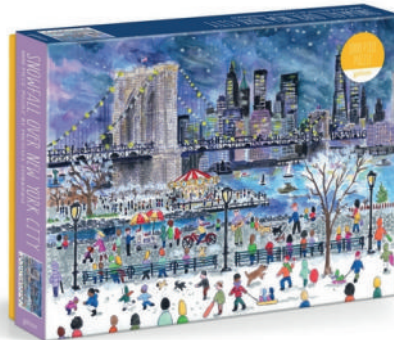
Just for fun!

Again, some new items that have come into the store recently. With Christmas coming much faster than I wish it would, I thought it would be helpful to show a couple of new items that might make it onto the list for someone who has been nice and definitely not naughty.

*New journals from Peter Pauper Press
(various prices)*



*Fun Jigsaw Puzzles
(500 and 1000 pieces)*



*Notecards from Peter Pauper Press
—14 notecards with 15 envelopes*



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FAIRY TALE HEROINE ORACLE

Sharon Blackie



Humans are natural storytellers, making sense of the world through tales, especially those encountered in childhood. Fairy tales are the finest teaching stories, holding rich, deep lessons that show us a pathway toward change and how to live more fully in the world. At their heart is the theme of transformation.

Sharon Blackie, an award-winning writer, psychologist, and internationally recognized teacher in the field of mythic imagination, has explored the power of fairy tales for over two decades. In *The Fairy Tale Heroine Oracle*, she distills this wisdom and knowledge into 48 cards that unlock the archetypal power of these tales. The archetypal images, characters and motifs at the heart of this deck act like keys to unlock your inner wisdom, and will offer comfort, guidance, and inspiration at every point of your long, winding journey through life.

ISBN: 978-1837822355 * Hay House, 2025 * 48 cards & guidebook * \$35.99



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Denise Linn

Time traveling—which is the ability to travel from one temporal locale to another—beckons us to learn and grow. While traditionally we think of this as a journey into the past or future, from a spiritual perspective, it can also be lateral travel into a different locale at a different time. It's a sacred pilgrimage that allows you to see the world, the Universe, and yourself with new meaning and new perspectives.

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